



PVCENTER



Erasmus+

Project KA2 - Strategic Partnerships in Adult Education

project ERASMUS + 1

AGREEMENT NUMBER - 2018-1-SK01-KA204-046377

**“New methods and forms of cybernetic security
for senior”**

„Chráňte sa navzájom“

Presented by: srž.Mgr.Marcela Voreková,
chairman of the Youth Prevention Center in
Čadca, Department crime prevention of the City
Police Corps in Čadca



PROJECT OBJECTIVE:

„Prevention of Crimes Committed on Seniors“

The main goal of the project is to innovate and develop new forms and teaching methods in seniors' education that will focus on cyber security not only on the Internet but also on social networks and will reflect the requirements of necessary prevention of ever-increasing cyber attacks on seniors.

Other goals

- ✓ Improvement and development of competencies in media literacy of lecturers in individual partner organizations in the education of seniors
- ✓ **Creating an open and free international website where it will be possible to share outputs of the project, new experiences for the practice and education of seniors on the safe use of modern technologies can be shared, focusing on social security as well as on-line education for seniors**
- ✓ Joint creation and design of innovative methods and forms of senior cyber security education through outputs (video, comics, experiment, research, learning method, game, interactive exercises, etc.) for each project partner will provide to organizations that are dedicated to security on the Internet for seniors in each country to support open pedagogy in the field of senior education
- ✓ International experience of lecturers in the field of adult education
- ✓ Long-term sustainability of the project and further cooperation with involved partners and organizations even after the end of the project

why is such a project important to us?

People across the country spend a lot of their time online, and seniors aged 65 and older represent the fastest growing group of Internet users. Furthermore, among senior Internet users, approximately 70% go online every day.

Just like anyone else online, it's important that seniors stay informed on how to stay safe when using computers and the Internet.

The concept of literacy nowadays means not only an ability to read, write, and count. An increasing number of daily services are moving to virtual environment. Without leaving home one can pay taxes, communicate with others, shop, register for medical appointments, as well as complete a variety of other tasks. Due to quick technological progress, digital literacy is becoming an essential condition for living independently. When faced with new technologies, elderly often feel confused and find digital literacy considerably challenging.

Despite all, an increasing number of elderly people master digital technologies. They attend trainings in Third Age Universities and public libraries. It has been observed that they prefer group trainings where they get a chance to not only gain technology skills, but also communicate with other participants and share their experiences. They come with clear goals and determination to achieve them, therefore learn actively and willingly.

What motivated us

In 2016, we won a national round in the Slovak Republic with a project for the elderly entitled "Protect each other" and participated in the EUCPM International Conference, where our project was included in the concept Organised Crime Targeting Elderly People it issued EUCPN Secretariat, April 2017, Brussels.



EUCPN is the European Crime Prevention Network. The Network aims to connect local, national and European level and to promote crime prevention knowledge and practices among the EU Member States.

Target groups are:

Practitioners and policymakers at local level

Practitioners and policymakers at national level

Relevant EU and international agencies, organisations, working groups, etc.

We lecture at three Adult Universities (Third Age Universities) where we meet the requirements of digital security.

We also based on the requirements of the European Commission dedicated to cyber security for the year 2018. It also created:

Safer Internet Centres are made up of awareness centres and helplines (organised in a pan-European network called **Insafe**) and hotlines (organised in a unique pan-European network called **International Association of Internet Hotlines - INHOPE**), in all the Member States, Iceland, Norway and Russia.

Awareness centres' main activities are:

- raising awareness related to potential risks young people may encounter online;
- offer advice about staying safe online to young people and deal with issues such as cyber bullying, via the helplines;
- develop information material;
- organise events such as the **Safer Internet Day**, their biggest yearly international event;
- organise information sessions for parents, children and teachers;

In addition, they set up youth panels to be consulted for the development of awareness raising activities, material and campaigns.

INSAFE AND INHOPE

Insafe and INHOPE work together through a network of Safer Internet Centres (SICs) across Europe – typically comprising an awareness centre, helpline, hotline and youth panel.

National awareness centres focus on raising awareness and understanding of safer internet issues and emerging trends. They run campaigns to empower children, young people, parents, carers and teachers with the skills, knowledge and strategies to stay safe online and take advantage of the opportunities that internet and mobile technology provides.

Read the [latest news on awareness raising here](#).

Helplines provide information, advice and assistance to children, youth and parents on how to deal with harmful content, harmful contact (such as grooming) and harmful conduct such as (cyberbullying or sexting). Helplines can increasingly be accessed via a variety of means - telephone, email, web forms, Skype, and online chat services.

Read the [latest news on helplines here](#).

Hotlines exist to allow members of the public to report illegal content anonymously. Reports are then passed on to the appropriate body for action (internet service provider, Law Enforcement Agency in the country or corresponding INHOPE Association Hotline).

Read the [latest news on hotlines here](#).

Youth panels allow young people to express their views and exchange knowledge and experiences concerning their use of online technologies, as well as tips on how to stay safe. They also advise on internet safety and empowerment strategy, help create innovative resources and disseminate eSafety messages to their peers.

INSAFE AND INHOPE

Insafe and INHOPE work together through a network of Safer Internet Centres (SICs) across Europe – typically comprising an awareness centre, helpline, hotline and youth panel.

National awareness centres focus on raising awareness and understanding of safer internet issues and emerging trends. They run campaigns to empower children, young people, parents, carers and teachers with the skills, knowledge and strategies to stay safe online and take advantage of the opportunities that internet and mobile technology provides.

Read the [latest news on awareness raising here](#).

Helplines provide information, advice and assistance to children, youth and parents on how to deal with harmful content, harmful contact (such as grooming) and harmful conduct such as (cyberbullying or sexting). Helplines can increasingly be accessed via a variety of means - telephone, email, web forms, Skype, and online chat services.

Read the [latest news on helplines here](#).

Hotlines exist to allow members of the public to report illegal content anonymously. Reports are then passed on to the appropriate body for action (internet service provider, Law Enforcement Agency in the country or corresponding INHOPE Association Hotline).

Read the [latest news on hotlines here](#).

Youth panels allow young people to express their views and exchange knowledge and experiences concerning their use of online technologies, as well as tips on how to stay safe. They also advise on internet safety and empowerment strategy, help create innovative resources and disseminate eSafety messages to their peers.

That's why we wrote this project and would like to share with you:



- your
experience of
prevention
programs for
seniors

- about your
possibilities to
contribute to
the objectives of
this project

Target group is:

lecturers, instructors, teacher of adult education with a
focus on seniors

: PARTNERS

COUNTRY ORGANISATION

PARTNER

- Slovakia (coordinator)
- Czech
- Spain
- Italy
- Poland

CPM- Prevention Youth Center
ALVIT-inovace a vzdelavaní s.r.o.
INERCIA DIGITAL SL
Sinergia Sociale Cooperativa Sociale
Fundacia Pro Scienta Publica

Project time

The project starts **from 1 September 2018** and **ends on 30 November 2019.**

The duration of the project is 15 months.

Project activities:

- Transnational project meetings to create intellectual output including practice and innovation
- Creation of common methodological material
- Dissemination of project results

Transnational project meetings

Transnational meetings will be held by each participating partner country.

There will be an effective meeting of adult education experts from different countries, with different education systems.

We will get great insights, a wealth of inspirational ideas to improve the learning process, and important contacts that make it possible to plan and then implement learning activities for the target group.

All acquired knowledge and information through the dissemination activities presented on partners' websites.

Plan of meetings

COUNTRY		Meeting	
Slovakia		December 11-15, 2018	
Czech		February 12-16, 2019	
Poland		April 9-13, 2019	
Italy		June 18-22, 2019	
Spain		September 3-7, 2019	

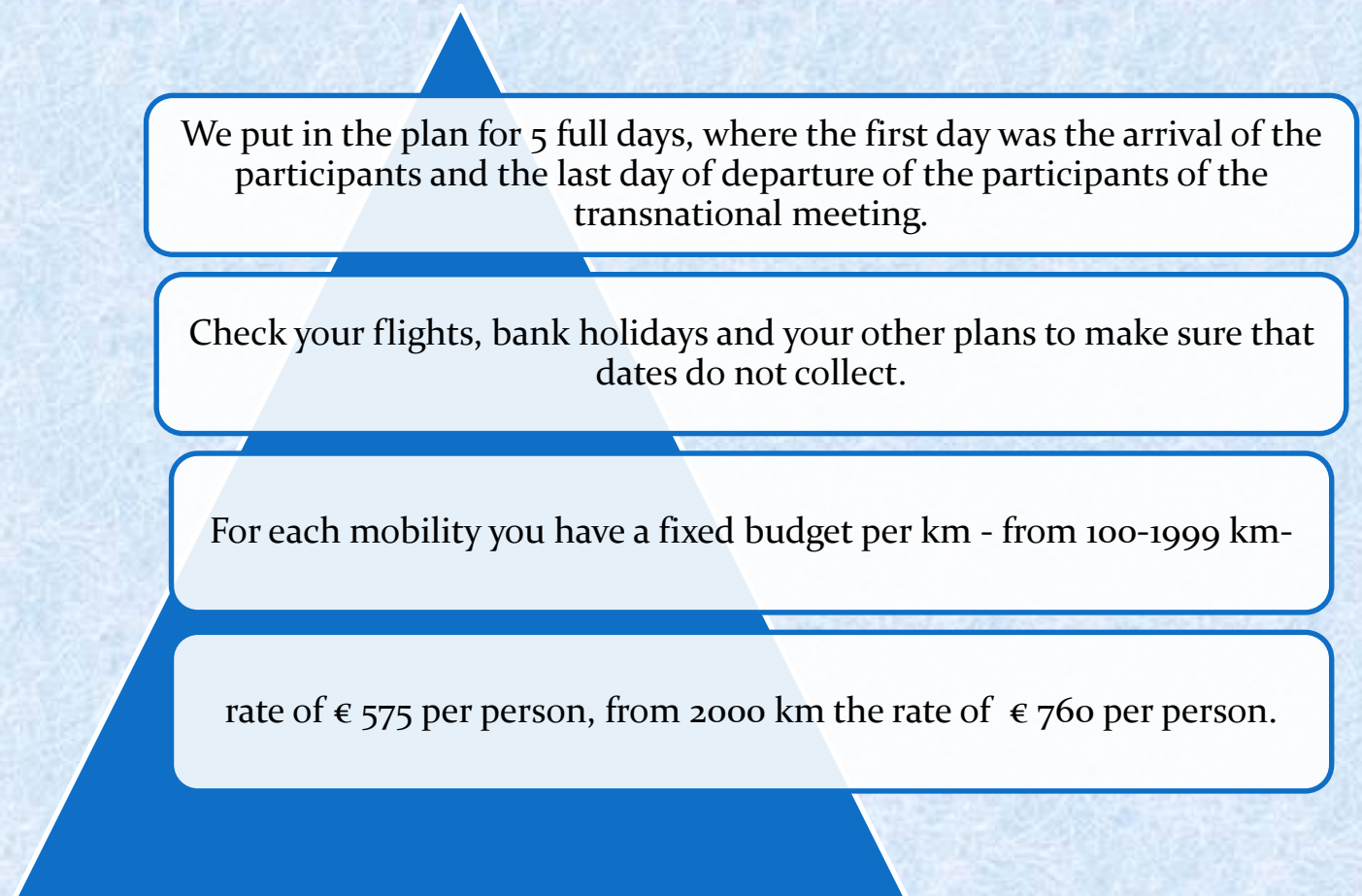
MOBILITY

Each partner will have funds for 10 mobility for employees at 4 transnational meetings at each international meeting should attend at least two participants from the event

Employees are selected by the sending organization. The choice and procedure must be fair, transparent, coherent and documented and must be available to all parties involved in the selection procedure.

The sending organization must take the necessary measures to prevent any conflict of interest with regard to people who may be invited to the selection bodies or may participate in the selection process of the individual participants.

Representatives of organizations participating in transnational meetings will test and try new innovative methods and forms from their practice that will be part of the publication as a project output. They will put emphasis on quality, or suggest further improvements to the innovation. They are familiar with the experiences and learning practices of each partner organization.



We put in the plan for 5 full days, where the first day was the arrival of the participants and the last day of departure of the participants of the transnational meeting.

Check your flights, bank holidays and your other plans to make sure that dates do not collect.

For each mobility you have a fixed budget per km - from 100-1999 km-

rate of € 575 per person, from 2000 km the rate of € 760 per person.

WORKING METHODS

We will use a mix of the following methods depending on the needs of the participants and the group:

- Theoretical inputs
- Workshops
- Good practices sharing + Innovations (local and European).
- Management of project
- Visits, recognizing the landscape culture....

Creation of common methodological material

As this is an Innovation project, we will try to create together

DIGITAL SAFETY COURSE FOR SENIOR

- Each partner organization will present its plans for meeting the objectives of the project at a transnational meeting.
- Each partner, by the end of June 2019, prepares 5 activities for 45 mins with a total range of 20 pages.
- The methodological material will be for cyber security lecturers on seniors' education, which, on the basis of new innovative approaches, should make it easier for learners to become more active with an emphasis on a target group of seniors.

Dissemination of project results

Each partner ensures:

During the project -
contacting relevant
media, eg. at local or
regional level

POST-FINISHING PROJECT -
continuing to disseminate
results (developing future
cooperation concepts,
evaluating results and impact,
contacting relevant media,
contacting policy makers, if
necessary), cooperating with
the European Commission by
providing useful inputs in its
efforts to disseminate and
exploit results .

All organizations will use the
output methodology of the
project on a long-term basis as
they focus on seniors'
education. The quality of
teaching and
professionalisation of lecturers
increases and the credit of
individual partners and the
interest of organizations that
order education for seniors.

What are our shared tasks?

All partners have the following shared tasks:

- Each partner is interested and will create a free website for experts in their country to share both project outputs, new ideas for practice, new innovations in seniors' education on the safe use of modern technologies focusing on security on security of social.
- Each partner prepares the exact timetable for a transnational meeting in their country
- Also, each partner will be prepared and will propose innovative methods and forms from his practice at the transnational meeting in his country, which will be part of the publication as a project output.

At least 3 innovative outcomes (video, comic, experiment, research, learning method, game, interactive exercises, etc.) to be provided for organizations dedicated to Internet security for seniors in each country to support open pedagogy in the field of education of seniors.

Tasks for individual partners

Coordinator - The Slovak team will administer the entire project, summarize all the materials, write press releases, cooperate with partners, manage finances, etc.

Partner from the Republic of Poland was nominated as an internal project evaluator to check quality and satisfaction at partner meetings as well as mediator if difficulties arise. They will work with all partners and coordinators to secure a smooth and efficient project. They will also be responsible for quality control on each partnership through a questionnaire.

The Spanish partner will have the role of publishing the outputs of the project through via the EPAL (Electronic Platform for Adult Learning in Europe). It will also create an informal social network as a means of communication. During the whole project period, the social media will offer, , reports from individual meetings, reports of mutual co-operation results, etc.

The Italian partner will create a common web site that will be managed throughout the project as well as its sending.

Partner from the Czech Republic will be involved in the creation of intellectual output - from design to graphic design to final processing.

Implementation of project activities

- Collaboration and communication between participating institutions

will provide regular electronic contact (website / email, etc.).

- Monitoring the project, its individual stages, and recording partial results is part of our entire project cycle to collect background data for evaluating the entire project.
- Persons from partner organizations will keep a complete record of all project-related documents.

We recommend creating a "project folder" that should not be missing:

- full version of the project plan with all attachments
- project-related correspondence
- donor contracts, partners, suppliers, team members, experts, and others.
- Minutes from the project team meetings, questionnaires
- Information on any changes made to the project over time its implementation and complete correspondence, including agreements relating to such changes
- copies of financial documents (the originals are usually kept in the accounts) and any details of any changes to the budget
- all articles listed in the media that are related to the project

Project results - What we want to achieve



We can, of course, change or change these tasks,

so let's create a common task plan:

- Activity 1 - In order to prepare a high-quality methodology for the digital security course for seniors, we need to divide ourselves in order not to prepare everyone for everything.
- Try to choose a cyber security target that you can develop in methodology.
- Each partner has to prepare 5 activities for 45 mins with a total of at least 20 pages by the end of May 2019.

We propose such a focus on our output:

- **Security software**
- **Security Using Email**
- **Protecting Your Identity**
- **Safe Using Passwords**
- **On Social Networks**
- **Entertainment, Games and Contests**
- **How to Recognize Security Websites**
- **Scams and Frauds**
- **Banking and Finance**
- **Online Shopping**
- **Online Auctions**
- **WI + FI Eavesdropping**
- **Downloading and File Sharing**
- **Common threats to be aware of**
- **Hacking**
- **Malware**
- **Pharming**
- **Phishing**
- **Ransomware**
- **Spam**
- **spoofing**
- **spyware**
- **viruses**
- **worms**



Thank you for your attention

Contacts:

mjr.Mgr.František Linet
Head of City Police Corps Čadca
Slovakia

Tel: +421 907 886 585

E:mail: mspcadca@gmail.com

Web: www.policia.mestocadca.sk



srž.Mgr.Marcela Voreková
Department of crime prevention
City Police Corps Čadca
Slovakia

Tel: +421 915 494 655

E:mail: mspcadca@gmail.com

Web: www.policia.mestocadca.sk

